

## EXPLORING OUR HERITAGE

by Janna Johnson and Morgan Harrick  
Copy Editors

German, American, Japanese, or Italian; your nationality doesn't matter most of the time. But during this multicultural week, from March 18th to March twenty-second, the students of our school get a chance to express their heritage. This week is a great opportunity for LCHS to become aware of the wide spread culture in La Canada. Many students think it's fun too, as every SSR in LCHS 7/8 got to design their classroom doors. Each SSR was assigned a country to represent. The door that wins will get an ice cream party. Classrooms buzzed, and students rushed around, as the classes hastily prepared their door designs. Students also rushed to finish their flags for the country they were supposed to represent. On March 17, 2008, all of these flags were put up at the IRC for Open House. Judging for the doors will be this week, so good luck to everyone.

Our school has kicked off Multicultural Week with a bang, but there are many more fun activities to come. On March 18, "Wear your Country Day," students dressed up in traditional costumes, and wearing colors expressing their heritage. Those that participated during lunch will receive prizes from PTA members. Warm up your taste buds because on Wednesday, March 13, it's "International Food Tasting Day." There will be food samples from twenty countries at the Oak Grove field during lunch. Speaking of international, there will be student performers, a PowerPoint presentation, and an Armenian dance performance. Hopefully after this week, every student attending LCHS school will know a lot more about their closest friends, and about the people they don't know so well.



Photo by Juan Ortiz

Left to right:: Emma Heer, Ryan Kim, MacKenzie Dodge, Liza Upton, Cole Herzer help decorate their classroom's door design.



Photo by Juan Ortiz

Left to right: Oliva Hudnut, Jonathan Cho, and Caroline Gordon design their Holland Banner.

## MOVIN' TO THE SWEET BEAT

by Armand Bagramyan  
Staff Writer

Cupid was shooting all of his arrows at the last dance on Valentine's Day. There were amazing snacks, wild songs, and crazy games. When I first walked on the dance floor, a chocolate fountain caught my eye, and I dipped a marshmallow on a pretzel stick into the gooey goodness. YUM! The drinks were delicious. We had sugary lemonade and nice cold water that cooled us down and refreshed our mouths. How could this dance not be great? Imagine a cafeteria with beautiful lights, and

people enjoying the great music.

Everyone seemed to enjoy this great music .The DJ played some awesome songs like, Please Don't Stop the Music by Rihanna, and Piece of Me by Britney Spears! We only had one game but everyone seemed to love it. The directions were, you had to get a partner and blow a balloon up. Then you would toss it back and fourth with your partner, kind of like



volleyball. The balloon cannot touch the ground or you lose.

"It was really fun and the music was tight, but they needed to turn the lights off," said Madison Teodo, a seventh grader from school two. "The dance was fun, exciting, and it really brought the school together," said JB Lovelace. Another student from small school two, Sophia Eckerle, said that the dance was well coordinated, and the decorations were great. Well, it seemed some people thought it was a great dance, and there are more dances to come! It was free with ASB and \$5 without. So come to the next dance and you will have a lot of fun with your friends!

Left: Andrew Paynter and Jonathan Sullivan load up on the chocolate fountain at the Valentine's Dance.

### Inside This Issue:

Founder's Day Award

Does School Begin Too Early?

Study Tips from Teachers

Contest: Do You Know The Middle East?



# SCHOOL NEWS



*Troop 576, who hosted the event, were having a blast in their matching bee outfits, complete with antennae!*

## AROUND THE WORLD IN 80 MINUTES

by **Sophia Eckerle**  
Co-Editor-in-Chief

If you're looking for international cuisine without having to resort to take-out, then the Girl Scout International Tasting Bee is perfect for you. This event took place on Thursday, February 21st at 5p.m. It has always been hosted by La Canada Girl Scouts, and this year it was run by Cadet Troop 576. This troop was in charge of judging, set-up, clean up, registration, and the overall coordination of the event. The theme this year was Around the World in 80 Minutes, and the costumes, decorations, and prizes revolved around bees and the globe.

Some people don't know what this event is, but that is an easy problem to solve. The Tasting Bee is a fun-filled event in which different La Canada Girl Scout troops choose a country, make food from that

chosen nation, and then present it at a booth. The girls also can make costumes and decorations representing their country. Visitors come and taste many exotic foods, and it is always a delicious night. Judges from Troop 576 walk around and give out prizes to each troop, such as Best Decorations, Best Costumes, and Best Food. But if you think you have to be a Girl Scout to participate, you're mistaken. Anyone can come to the Tasting Bee, and all you have to pay is fifty cents per taste, or two tastes for \$1.00.

This event has another purpose as well. All of the money earned from ticket sales goes to the Juliette Low Fund, a society that helps pay for Girl Scout field trips around the world, which in turn connects thousands of girls in world-wide friendships. The money in the fund also helps encourage the development of Girl Scout troops in countries where troops are scarce.

For anyone who likes food, the Tasting Bee is a place to connect with friends and eat unknown international food. This event has a special meaning for all who attend, and even those who come just to eat. This occasion gives you a chance to sample many foods you wouldn't eat otherwise. The Girl Scout Tasting Bee is a place for friends, food, and most importantly, fun!

## A CEREMONY TO REMEMBER

by **Sophia Eckerle and Alex Keledjian**  
Co-Editors-in-Chief

We all know how hard our school teachers, substitutes, and volunteers work, and that they don't do it for any awards. But, at the ceremony on Tuesday, March 11 in the LCHS cafeteria, these wonderful people are finally receiving the recognition they deserve. After many years of devotion to our community, each school has chosen five special recipients to accept the Founders Day Awards. This award is an extraordinary prize for all of the hard-working volunteers in our schools, and they have been chosen as a reward for their time and dedication.

These past weeks, we have been talking to the teacher recipients for our 7/8 school, and they have graciously given us an insight into how much they appreciate the awards they are receiving. "I am absolutely floored and amazed to receive this honor! I love teaching, and while I don't do

it for an award, I appreciate being recognized," Mrs. Salardino exclaimed. She has worked very hard to educate the School Two students about the subject she loves best: English. Mr. Kissel was also happy to accept this honor. "I was completely and utterly flattered for receiving this award." He was glad that his math students had learned so much, and was joyful about receiving the news that he had won. Another teacher was a recipient of the Founders Day Award, and she was a special substitute that most of us were

*"I am absolutely floored and amazed to receive this honor! I love teaching, and while I don't do it for an award, I appreciate being recognized," Mrs. Salardino exclaimed.*

fortunate enough to have: Mrs. Kilbride. She was nice enough to talk to us about her honor, and she "appreciated the Junior High teachers and the principal for recognizing her and making her job as a substitute special." Two other volunteers won the Founders Day Awards for our 7/8 school, and they have worked extremely

hard to make our school the best it can be. Denise Longo and Lisa Singelyn have gone above and beyond to help our school, and have been recognized by the students and parents who know how hard they work.

All these people put enormous effort into what they do, whether it's teaching, substituting, or volunteering. At the ceremony on March 11, they are receiving the

recognition they definitely deserve. Five special people have won from each school, and they know what an honor it is to receive the Founders Day Awards for their dedication to our community.



Photo by  
Mrs. Shannon

*Founders Day Award recipients (left to right) Mrs. Kilbride, Mrs. Salardino, and Mr. Kissel.*



# NEWS

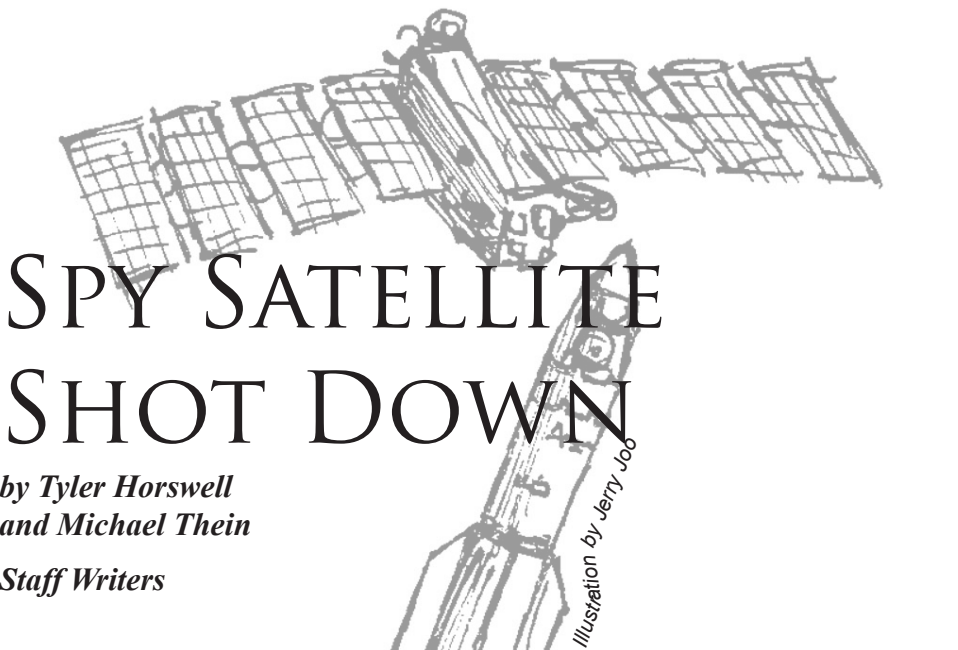
## MINI SUPER TUESDAY

by Alex Keledjian  
Editor-in-Chief

Balloons were dropping and champagne corks popping when John McCain won the Grand Old Party (Republican Party) Nomination on March 4, 2008. Hillary Clinton and Barack Obama are still in dispute, but Clinton emerged as the winner of Texas, Ohio, and Rhode Island. Barack won Vermont. John McCain won every state. Democrats still have a dispute over who their nominee will be, but the odds are on the side of Senator Obama. Senator Clinton is behind Obama by over 100 delegates, but Clinton leads in the number of super-delegates. Senator John McCain had 63% in Rhode Island, 56% in Texas, 59% in Ohio, and 72% in Vermont. Former Governor Mike Huckabee had 22% in Rhode Island, 32% in Texas, 32% in Ohio, and 15% in Vermont; therefore, he dropped out of the race on March 4, 2008. Senator Hillary Rodham Clinton had 53% in Rhode

Island, 51% in Texas, 60% in Ohio, and 39% in Vermont. Senator Barack Obama had 46% in Rhode Island, 48% in Texas, 38% in Ohio, and 59% in Vermont.

Senator John McCain rocked the Republican vote while former Governor Mike Huckabee, former Governor Mitt Romney, former New York City Mayor Rudy Giuliani, Congressman Ron Paul, Congressman Duncan Hunter, former Senator Fred Thompson, Senator Sam Brownback, former Governor Jim Gilmore, Congressman Tom Tancredo, and former Secretary of Health and former Governor Tommy Thompson all produced unsuccessful campaigns for the presidency of the United States. On the Democratic side, Senator Hillary Clinton and Senator Barack Obama are neck in neck, while former Senator Mike Gravel, former Senator John Edwards, Senator Chris Dodd, Senator Joe Biden, Congressman Dennis Kucinich, Governor Bill Richardson, and former Governor Tom Vilsack have all dropped out. It is now up to the super-delegates to determine who will win the nomination. The race for winning delegates is still in play for both candidates. Obama is still in the lead in the delegate's race. Clinton is behind by more than 100 delegates. Meanwhile John McCain has received the endorsement of President George W. Bush.



## SPY SATELLITE SHOT DOWN

by Tyler Horswell  
and Michael Thein

Staff Writers

The Pentagon shot down a dysfunctional spy satellite on Wednesday, February 20<sup>th</sup>. The satellite was expected to crash in early March causing potential danger from the debris. Although much of it would have burnt up in the atmosphere, about half of it would remain, and hit earth. It was unknown where it would crash.

If the satellite fell through the atmosphere, it could have shattered into debris, which could have landed anywhere. China had the same problem with a retired weather satellite. They encountered a lot of criticism when their satellite was shot down, because debris was still present. They encountered another problem because the rocket fuel from the thrusters of the satellite will harm anyone who comes into contact with it. Other threats included large pieces of debris that may remain in space which and hit other satellites. Also, because it is a spy satellite it may contain nuclear fuel. Although the satellite contains toxic fuels, it is expected to burn up during reentry into the atmosphere, crating a fiery plume which would be visible to the naked eye.

On the 20<sup>th</sup>, the satellite was shot down from a navy AEGIS warship, the USS Lake Erie, with a single modified tactical Standard Missile-3. It was shot down from the Pacific Ocean, west of Hawaii. The missile hit the satellite approximately 133 nautical miles over the Pacific Ocean. The missile traveled at 17,000 miles-per-hour. It is currently unknown whether the missile hit its precise target, but defense officials have told the press that the missile apparently destroyed the fuel tank.

## POLITICS MADE SIMPLE

by Jerry Joo  
and Hunter Bolding

Staff Writers

The political elections are right around the corner and this article should help you understand what the terms of politics are.

Do you know what a democrat or a republican is? The democratic party is the older party being founded around 1792 and the republican party being founded around 1854. The republican party is a strong supporter of the Iraq war and national security. Democrats are for stem cell research and abortion. What is a delegate you ask? Well a delegate is the title of a person that is in the House of Representatives to serve their state. The amount of delegates that a state has depends on its population. Super delegates are people that are either old vice presidents, presidents, former presidents, and the top dogs at the democratic party and they are not bounded by their state's decision. The super delegates are one/fifth of the delegate count in the democratic race. The Republicans do not use super delegates.

What is a caucus? Well, a caucus is a meeting usually around the time of a state's primary. During a caucus the members of the caucus discuss the procedures of the political candidates. Now, we go on to the topic of the primaries. The primaries are a time before the election to decide who is going to get the nomination for each of the parties. On November 4<sup>th</sup>, 2008, the election for the 44<sup>th</sup> president of the United States will happen and the president will be inaugurated on January 22<sup>nd</sup>, 2009.

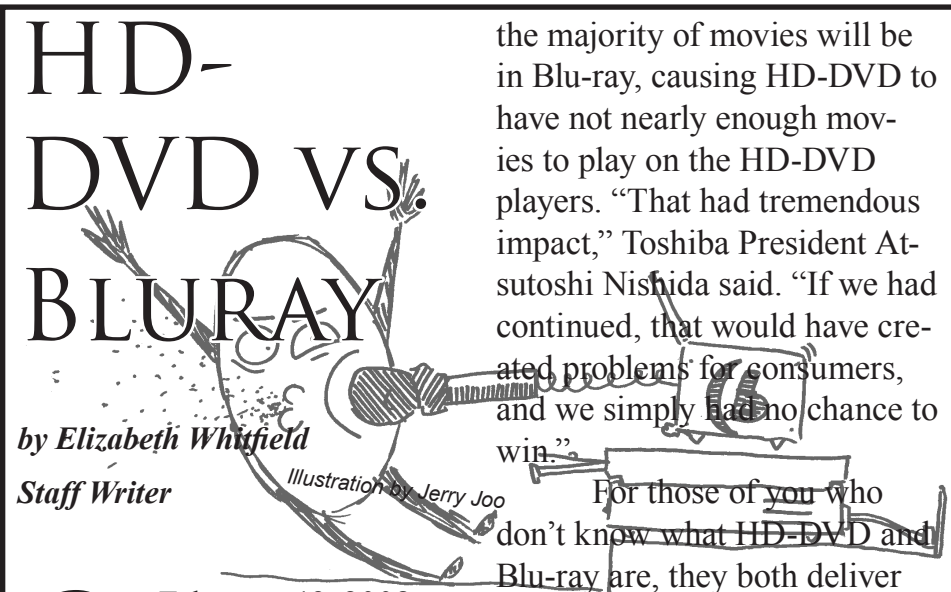
## HD-DVD VS. BLURAY

by Elizabeth Whitfield  
Staff Writer

On February 19, 2008, Toshiba dropped HD-DVD by no longer developing, making or marketing these recorders and players. Several years ago, the race to become the winner of the hi-definition formatting started and the final decision was based on many decisions that built up until HD was forced to back down, leaving Blu-ray as the winner. The last and most major decision, by Warner Bros. Entertainment, sent HD into exile. The decision was this. Warner Bros. Entertainment decided to release movie discs only in the Blu-ray format. Because of this,

the majority of movies will be in Blu-ray, causing HD-DVD to have not nearly enough movies to play on the HD-DVD players. "That had tremendous impact," Toshiba President Atsutoshi Nishida said. "If we had continued, that would have created problems for consumers, and we simply had no chance to win."

For those of you who don't know what HD-DVD and Blu-ray are, they both deliver crisp, clear high-definition pictures and sound, which are more detailed and vivid than existing video technology. Unfortunately, they are incompatible with each other, and neither of them plays on the other's player or even older DVD players. HD-DVD is cheaper and more similar to previous video technology. Blu-ray, though it is more, it has a much bigger recording capacity and is higher definition. So start to expect to see Blu-ray DVDs in stores around you and enjoy the brilliant picture and sound of the new DVD technology.





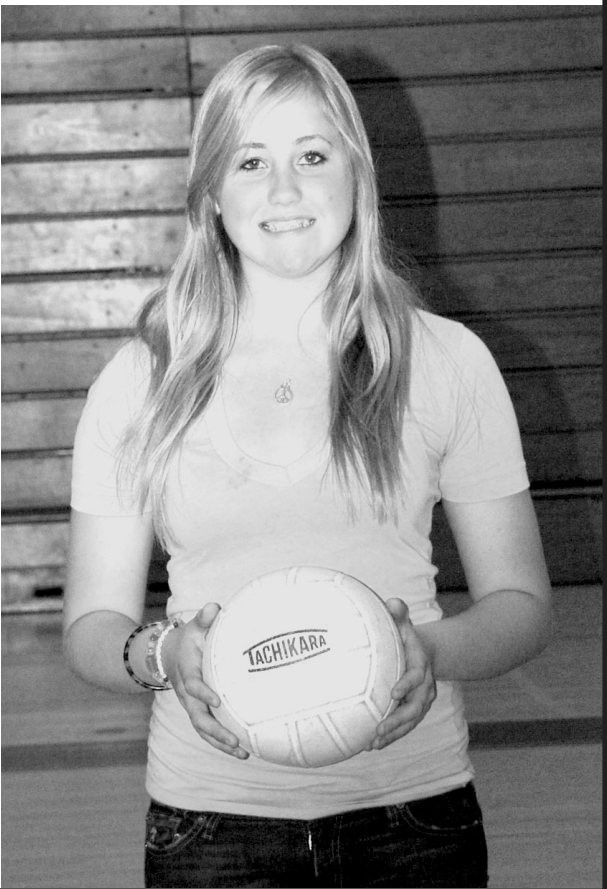
# PROFILES

## SPIKIN' STAR

by Josh Thompson  
Staff Writer

Micaela Anderson, a 7<sup>th</sup> Grade volleyball player, whose team won the gold medal in the Junior Olympics. She is here with me to talk about her main sport and her love for volleyball.

**The Spartan Star:** So, Micaela, how do you feel about your place in winning the Junior Olympics?  
**Micaela:** I feel good, but I could've won 2<sup>nd</sup> or 3<sup>rd</sup> place.  
**The Spartan Star:** So, how long ago was it that you started to play volleyball?  
**Micaela:** Actually, I have been playing since first or second grade.  
**The Spartan Star:** Did anyone start you off or play as your role model?  
**Micaela:** My two older sisters, Morgan and Madison. I watched all their games and played on the sidelines at a younger age. By first grade I started getting into clinics.  
**The Spartan Star:** Can you tell us some of the leagues or clinics you started on?  
**Micaela:** I started 3 years ago on the San Gabriel Volleyball club and I played for the 7/8 volleyball team last semester.  
**The Spartan Star:** Really? Do you have a tight schedule for training to get ready for games or playing games?  
**Micaela:** Yes I do. I have volleyball twice a week and sometimes CATZ (Competitive Athlete Training Zone) and most of the time, tournaments on the weekend.  
**The Spartan Star:** Besides fifth place, do you have gold medals or trophies that you are proud of?  
**Micaela:** Yes I do. I won a medal that I am proud of. I really thought I played my best and tried my hardest. We got what place we got. My team and I rock at this sport and we know the game.  
**The Spartan Star:** Do you consider yourself a good volleyball player?  
**Micaela:** Yes, because I know the game and how to play. I also know every position; you could put me anywhere (in the back, up front, blocking, etc.) and I will still know what to do.  
**The Spartan Star:** Why do you enjoy playing volleyball?  
**Micaela:** Because it's very intense and it's really fun to know that the ball could hit you any time. You always have to be ready.  
**The Spartan Star:** Are you looking forward to playing in the future?  
**Micaela:** Of course! I am ready to play any time. I am always excited to play the game I love.  
**The Spartan Star:** What could you tell all the 7/8 students about volleyball?  
**Micaela:** It's an awesome sport, very intense and that everyone should play.



## MATH WHIZ

by Alex Keledjian  
Staff Writer

Many students at La Cañada Junior High do not know that one of the classmates has been successful in a subject that he admires. This lucky student is none the less then Aiden Park. Aiden Park is an 8<sup>th</sup> grade student. He is part of a club called Math Counts and because of that Aiden has been decide to be interviewed for his accomplishments in mathematics. Aiden will be attending the State Championship for Math.

**Spartan Star:** Aiden, what is Math Counts?

**Aiden:** Math Counts is a yearly program. It is during lunch time. You do worksheets and practice math. You then eventually compete against other schools and then the best students advance to the championship.

**Spartan Star:** How many years have you been in Math Counts?

**Aiden:** One.

**Spartan Star:** Why did you join Math Counts?

**Aiden:** I just follow my friends.

**Spartan Star:** Have you always liked math?

**Aiden:** In elementary I did not care compared to now.

**Spartan Star:** If you won the state championship what would you do?

**Aiden:** Well, after the State Championship I would qualify into the National Championship, but if I win the National Championship I would be happy.

**Spartan Star:** If you lost the Championship what would you do?

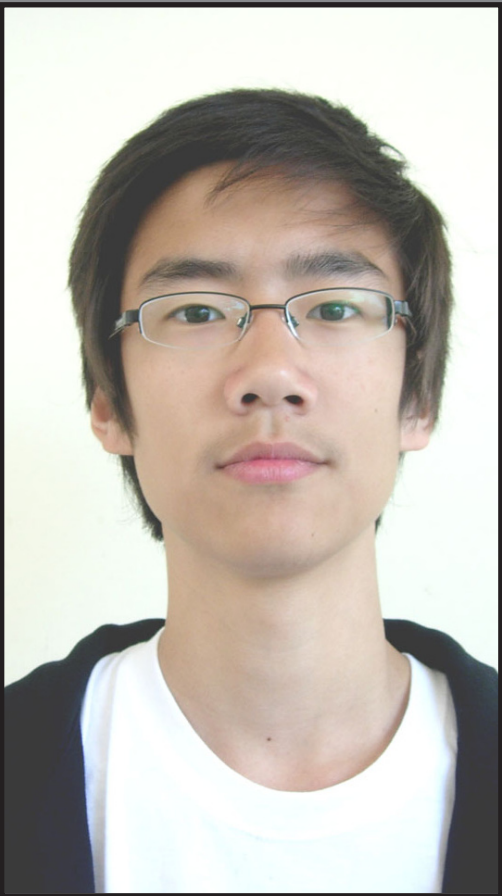
**Aiden:** I still would be happy because I was able to get into the state championship.

**Spartan Star:** Will you join the Math Club in 9th grade when you are in high school?

**Aiden:** I don't know.

**Spartan Star:** Do you hope that your job in your adult life will involve mathematics, and if so which job would it be?

**Aiden:** Yes, it will be because I am already good at math, and my job would be a stock broker.



FEBRUARY STUDENTS OF THE MONTH

School 1	School 2
Chris Bouquet	Annie Monroe
Bianca Mendez	Grant Owen
Bailey Holmes	Kelsey George
Katerine Henry	Lizzie Weinlein
School 3	School 4
Megan Fuelling	Rachel Thorp
Kelsey Kane-Ritsch	Julie Kim
Kevork Kurdoghlian	Caitlin Perry
Mackenzie Zimmerman	Zaki Khan
	Alexa Ward

# OPINION

## ASK ANNA

by Anna Namous  
Staff Writer

Dear Anna,

I want a puppy, but my mom won't let me get one. I had a turtle three years ago, and I didn't take care of it. She says I'll do it again with a puppy. I've asked her a million times, but she just won't cave. How can I let her know that I can take care of it? Please help me!!

-Puppyless

Dear Puppyless,

The best way to convince your mom is to show her that you are responsible. Do this by asking her for a small goldfish. If you do a great job taking care of your fish, it will most likely convince your mom that you are ready. You may have had a bad experience with pets in the past, but just remind your mom that you are older and more mature. Do all of your chores well, and take on lots of responsibilities around the house. As scary as it seems, the best thing to do might be to talk to your mom head on. Ask her about her concerns, and talk it out. If your mom still doesn't think your ready, after all this, don't worry, give her some time, and ask again later. Your mom may never agree, but if this happens, maybe you really aren't ready for a dog. Remember, mother knows best.

Sincerely,  
Anna

Dear Anna,

All of my friends hang out on Fridays at Juice it Up, Pinkberry, and McDonald's. My parents won't let me go, and I always feel like I missed an inside joke!! My friends don't even ask me to come with them, because I never can. It's like I don't exist. How can I convince my parents that I'm ready to go out on my own!!

-Left Out

Dear Left Out,

Your parents may feel like they are not getting enough information. When you want to hang out with your friends, schedule it beforehand. Tell your parents exactly where you would be going, and how long you'll be there. Your parents will feel better about your safety if you follow these tips. Your parents care about you, and that's why they seem over-protective. Remember, always talk to your parents and solve their concerns. Pretty soon, they won't be able to come up with any reasons why you can't go.

Sincerely,  
Anna

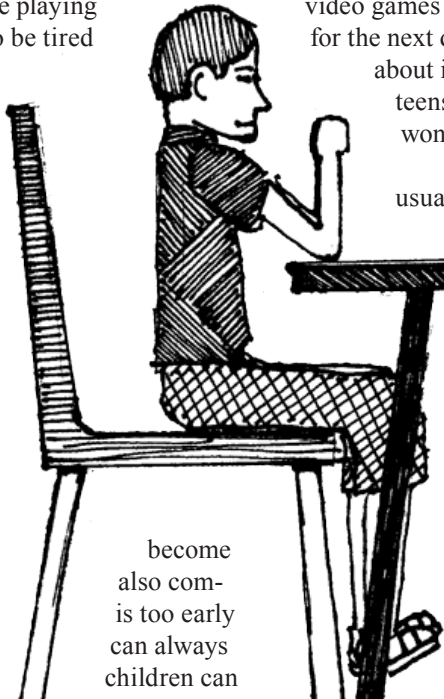
# SHOULD SCHOOL BEGIN AT A DIFFERENT HOUR?

## FINE THE WAY IT IS

by J.B. Lovelace and Alden Sayre  
Staff Writers

The school's starting time is too early? Give me a break! The people that complain that the 7:50 a.m. starting time is too early and that they are too tired are the ones that can't manage their time well. The average sleeping time a teen is supposed to get is about ten hours. If you do the math right, going to bed at 9:00 p.m. and waking up at 7:00 a.m. would be a good night's sleep. But the teens that are tired in the morning are the ones going to bed at very late hours. These teens that are playing video games and watching TV are obviously going to be tired for the next day of school and will complain about it. If we do start school later, the teens will stay up even longer and it won't make a difference to them.

Students usually complain that they do not have enough time for homework and that is why they stay up so late; but, the reason for their late bedtime is the fact that they wait until the last minute to do their homework. They usually just watch TV or play video games. These students will stay up late and become extremely tired. The parents might also complain that the school starting time is too early, but they can always take the bus. Also, changing the school schedules might mess up other people's schedules, and make them adapt to new ones, and that could result in future tardies. Plus, starting school later will result in ending school later, and students might not be happy with that. Being tired is our choice, and only the people who do their homework and go to bed at a decent hour will be ready for school.



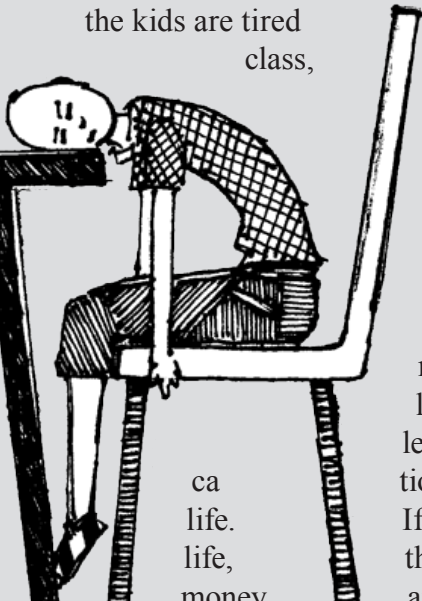
Illustration

## TOO EARLY

by Matthew Krugler  
Staff Writer

Why would anybody want to go to school in the morning when they are tired? If the students are tired and they have to go to school it will cause them to become sleep-deprived. If school starts too early and the kids are sleep-deprived they will get sick and that will cause them to miss school. Also, if they are sleep-deprived, they will be really sleepy during the first few periods of class and might not be able to pay attention to the teacher and the lesson. Some kids might drowse off because of the lack of attention in class, and do not pay the kids will start getting bad grades in school. If kids are getting bad grades in school, be held back. problems of being not getting into a college. If kids do not get the education they need to be successful in life, they will not be able to earn any money and that will affect their daily lives. These kids are our future and if they are not educated properly who knows what might happen. So, I think school starts too early and it should start at a later time for the health and education of kids.

by Jerry Joo





## SPORTS

GIRLS SOCCER  
PROGRESSING

by **Juan Ortiz**  
*Sports Editor*

The girls 7/8 soccer team is progressing their skill at a very fast rate. They lost their first game, and then tied their second. Then their progression led them to winning their third game of the season. The games have been against Huntington, Temple City, and Clifton Middle School; they were all very difficult games, and our soccer players have increased their skills from playing these teams. On Tuesday, February 19th, the girls played Huntington, and they lost 6-2. Our scorers were Morgan Ritticher and Joelle Albarian. Their second game was on Friday, February 22; it was against Temple City Middle School. The score was 3-3 and our scorer's were Nicole Ragusa with two goals, and Kara Lankey with one. The third game against Clifton Middle School ended 3-2 with La Cañada winning. La Canada's goal scorers were Morgan Ritticher with two goals and Virginia Ruano with one goal. If La Cañada continues its effort and progression, they will win the season.

The third game the girls played was the most intense and best played, because they won. The girls started with a four-four two formation, but it started out not working because Clifton Middle School had strong and fast players in every position. After they noticed that the formation was not working they switched some of the players positions and gave an even bigger threat. La Cañada's goalie Caitlyn Perry had a spectacular save. She slide tackled the soccer ball at the corner of the goalie box and sent it out of bounce, it was a beautiful save. Nicole Ragusa also had many dangerous saves. Afterwards, Morgan Ritticher got a pass from Virginia Ruano; the pass was an outside overlap. Then Morgan faked out two defenders, took a shot at the top post, and scored our first goal. Later on, the whistle was blown, a half ended, and the other half started. In the second half Joelle Albarian nearly scored a goal, but it hit the post. Following that, Virginia Ruano received a pass from the right side and scored with her left foot. In the last three minutes of the game, Morgan Ritticher scored the last goal. The ball rebounded off the post, and Morgan kicked it pass the goalie, scoring a miraculous goal. With that, the game concluded, and it surely started La Canada's good side of the season. The girls' 7/8 soccer team is impressive, and I can't wait until the next game.

Last week, on Tuesday the girls had another game. That game was against South Pasadena at our home field. The score was 3-2 with La Canada winning another game. Our scorers were Morgan Ritticher, Nicole Ragusa, and Peyton Parker.



*Goalie Caitlyn Perry dives to block the ball.*

Photo by Juan Ortiz

BOYS SOCCER  
CLAIM  
VICTORY

by **Juan Ortiz**  
and **Hunter Bolding**  
*Sports Editors*

The boy's soccer season just started a couple of weeks ago and they are on a winning streak. The boy's have been through defeat, but they are still playing a beautiful game. On February 12 the boys team lost their first game of the season, the score was three-one favoring North View Middle school. Kyle Herron scored the only goal for La Canada with a free kick! The second game was against Temple City Middle school on February 20. The final score of the game was two-one favoring La Canada. Armand Bagramyan and someone whose name was unknown were the only scores for our side. The third game on February 28 was against Clifton Junior High. It was an extraordinary game that ended up two-one with La Canada losing another game with a record of 1-2. Michael Nakasona was the only scorer for us.

On Monday, March 3<sup>rd</sup>, La Canada won a challenging, but spectacular game. It was against Foothill Middle School of Arcadia. It also was an exciting and very tiring game for both sides. In the first half of the game there were a lot of chances to score, but only Foothill scored. Next, Foothill scored on our goalie Manny James. After that, no one scored until the whistle was blown. During the second half after many attempts we managed to get some goals. Armand Bagramyan scored two beautiful

goals giving us the lead but soon after that, Foothill scored another goal tying the game and sending us to over time. Both teams were exhausted knowing that there was going to be overtime. In the five-minute overtime no one scored. Now with the patience of all the players being tested we went to penalty kicks. La Canada's penalty kickers were Cameron Aenille-Rocha with a miss, Kyle Herron with a goal, Armand Bagramyan with a goal, Carlos Ruano with a goal, and Jeffery Becker with our last goal. Manny James was substituted with Bagramyan, a risky but wise move because Bagramyan was only scored on twice. This well-played game by La Canada and Foothill ended up in a two-two tie during the game and four-three during penalty kicks, with a grand total score of six-five with La Canada winning their second game of the season. The Spartans next game on March 13<sup>th</sup> was against South Pasadena. The score of the game was 7-0 with South Pasadena winning. Armand Bagramyan said his most exciting part of the game was when he kicked a free kick and it hit the goal bar. These games were hard fought and both teams played incredibly hard, what will the next game be like?



*Photo by Hunter Bolding*

*Cameron Aenille-Rocha clears the ball from the South Pasadena mid-fielder.*

*Photo by Hunter Bolding*



Photo by Juan Ortiz

*The Girls' Soccer Team*



*The Boys' Soccer Team*



CULTURE

RECIPE  
KIM-CHI  
RICE

by Jae Park  
Staff Writer

You know those times when you’re really hungry but your too lazy to get up and make something? Well, this meal that my parents make almost every weekend only takes about 10 minutes to make. This delicious dish can be made on any occasion or gathering. If your family likes to eat something new and spicy this would be a good choice to make once in a while. This dish is really easy and fast to make when you are in a hurry.

Ingredients:

Kim-Chi  
Rice  
1 egg  
Optional: ham or any type of meat.

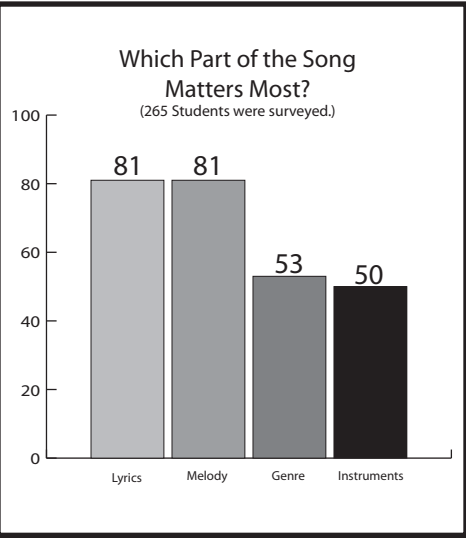
Directions:

- Cut the Kim-Chi into small pieces and then dump it into a pot.
- Pour about half a cup of the Kim-chi juice into the pot as well.
- Put the lid on top of the pot and let that sit for about 4-5 minutes under high heat.
- Add cooked rice into the pot and stir until the color of the rice turns red.
- Add the eggs in and stir for about a minute or two.



Photo by Jae Park

Data compiled  
by Alex Keledjian and Sophia Eckerle  
Co-Editors-in-Chief



LIGHTS, CAMERAS,  
OSCARS!

by Sophia Eckerle  
Co-Editor-in-Chief

The lights were flashing, the cameras were rolling, and the glamorous Hollywood stars were entering the Kodak Theatre for one of the most prestigious awards ceremonies of the year...the Academy Awards. They slowly ambled from the red carpet into the theatre, ready for one of the best parties in Hollywood. The host of the evening was Jon Stewart, and his humor had everyone laughing for the whole night. Some special presenters included Miley Cyrus, who introduced a nominee for best song, “That’s How You Know” from Disney’s Enchanted. Helen Mirren, who was the best actress last year, presented the same award she received, which went to Marion Cotillard from the French production La Vie en Rose. Most of the main awards went to foreigners, like British actress Tilda Swinton, who won Best Supporting Actress for her performance in Michael Clayton, and Javier Bardem, a Spanish actor who pulled in an Oscar for Best Supporting Actor for No Country For Old Men. Method actor Daniel Day-Lewis, who is famous for starring in My Left Foot, won the Best Actor award for his new movie, There Will Be Blood. Brad Bird accepted the Best Animated Feature award for his work on Ratatouille, and The Golden Compass triumphed with their win for Best Visual Effects. All the people who worked on the winning films were happy with their success, and the actors and actresses were extremely pleased with the awards they received, so it made for a very impressive and fun night. The ratings, however, were the lowest they have ever been within the young adult category, probably because of the unfortunate writers’ strike that ended just a couple weeks before the show. The 80<sup>th</sup> Annual Academy Awards were mainly a success, and many people enjoyed winning and watching this special show.

TIPS FOR  
STUDYING  
FROM  
TEACHERS

by Morgan Harrick  
Copy Editor

C, C, F, D, D. Do some of you see these pesky letters on your report card? Well that can change. A couple days ago *The Spartan Star* was lucky enough to interview some teachers to gather some insight on how to study and get good grades. Mrs. Salardino said one way to prepare for an English test is by studying at a desk or table, and to just focus on one subject at a time.

How are you doing in History? Well, Mr. Mispagel definitely knows what he is doing. He said that students should never set a time limit. They should study until they know they could do well on the test. Another good tip that Mr. Mispagel has is that students should think that if they were the teacher, what questions would they ask? Mrs. Fuhrman says to study for 20- 40 minutes each day and to look at her study guides, which always go with the tests.

Mrs. Leach can tell you a lot about dragons, but she can also give very good advice on how to study. She says to learn as you go

or start studying the very first day the material is presented in class. The best way to study for Science is to learn what is presented each day, review it at home, and afterward ask questions to clarify what you do not understand, so you can ask the next day.

Adding, subtracting, multiplying, dividing, and the list goes on and on. Although many people don’t like math, it is actually pretty fun. Mr. Kim knows how to make his pupils succeed. Just do a lot of problems and use the textbook to review! To get an “A” in Mr. Kissel’s class, keep up with the assignments, do them with a purpose of learning, and start studying.

Everyone likes a quiet place to read, like the library! Mrs. Omae can help you with books you need for a report, but she also has some books and DVDs in the IRC on study skills and test taking. All a student has to do is just type “test taking” into Books at LCHS (the IRC’s catalog) for a list. How helpful is that?

With these amazing tips students should be able to get a grade they are proud of. Hopefully, students will be able to study easier and get better grades. Most teachers do care about how there students do in their class. If students try and follow these tips they will hopefully succeed in their school work and tests. No child will be left behind.

MOVIE REVIEW  
VANTAGE  
POINT

by Lauren Loadvine  
Staff Writer

Vantage Point, starring Matthew Fox, William Hurt, Dennis Quaid, and Forest Whitaker is an amazing film using intricate technology to make it an extremly entertaining movie. This film was released on February 22, 2008 and is 90 minutes long. This drama, crime, and mystery movie shows an insightful way of viewing an event by rewinding the event multiple times each time showing it in a different persons’ perspective. “Eight strangers, eight points of view, one truth,” is the movie’s slogan . Pete Travis directed this PG-13 movie. This movie is about the president, played by William Hurt, getting shot while giving a speech in Spain. This event is rewinded and shown through the eyes of two secret service agents and a bystander video taping the incident, a news producer, and the President. As the event is seen through these people, more and more of the story unfolds. Many others things happen when two bombs explode and the secret service must sacrifice everything including their lives to find out who shot the president. I won’t spoil the end, but something happens when they find out the preident was not shot. How could that be? Watch the movie to find out!

FASHION  
SPRING  
TRENDS  
FOR 2008

by Elizabeth Fogarty  
Staff Writer

Are you into fashion? This spring, floral designs are in. Roses are also going to be big, so you will see them on brooches, bags, and clothes. Pink is the main spring color. Yellow, blue, red, purple, orange, green, silver, and gold will be seen on a lot of different articles of clothing. You also will see some tribal shades, or more earthy tones, like golden yellow, rusted brown, and shadowy blue. Watch out for these new trends at the malls, and have fun shopping!

# INTERESTS

## Guess the Teacher

by *Tasman Smith*  
Staff Writer

- I graduated from the University of Northern Arizona.
- I teach 10<sup>th</sup> grade world history
- I coach football, softball, and ice hockey, a seventh grade class, and an 8<sup>th</sup> grade class.
- I am the older brother of three sisters.
- I have traveled to every continent except for Africa and Antarctica which has been one of my life long goals.
- Spartica (LCHS's cat) hangs out in my office.
- I enjoy barbecues with friends and I like to travel.
- I have a cat at home called "Bandit".

## HOW TO MAKE MONEY

by *Vivian Na*  
Layout Editor

**M**oney. Money money money. The world revolves around the sound of cha-ching. Everyone needs cash to buy things they need. From entertainment, to education, to just some fabulous shopping, everyone wants extra change in their pockets to buy things when they need to. Some may have their parents buy them everything they need and others may have to pay for things themselves. Either way, having your own money with you will come in handy. Teenagers don't have a wide range of jobs available for them, but there are a couple ways to make cash. Allowance, babysitting, and tutoring are some of the jobs you could do to earn money.

Talk to your parents and make reasonable compromises to receive an allowance or a reward in return for good grades. Your parents could give you allowance every week, for doing chores or keep-

ing your room clean. Good grades could get you a reward or a certain amount of money. Before making these compromises, getting on your parents' good side would be essential. Parents aren't the only source available to you for money. You could baby-sit kids for neighbors or close family friends. If you are confident with school work you could tutor. You could start by tutoring people in your neighborhood.

Money is a necessity. Although teenagers don't have that many choices, there are a couple of ways to make cash. Teenagers could get allowance, tutor, or baby-sit to earn cash. With these jobs, you can make money and buy the things you want and need.

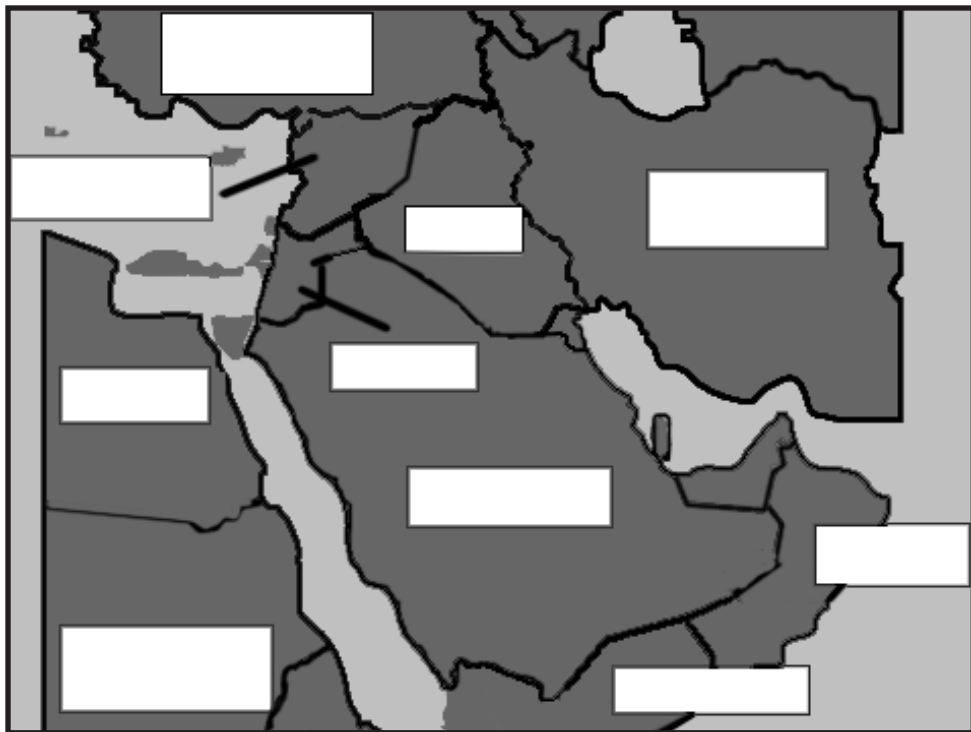


Photo by Lauren Loadvine

## MAP OF THE MIDDLE EAST

by *Elizabeth Fogarty*  
and *Tasman Smith*  
Staff Writers

This is a map of the Middle East. Your job is to fill in the blanks with the name of the country you think fits in the white space. Go to Mr. DiConti's room (310) with the correct answers to get a candy prize. (First 10 winners only)



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*The Spartan Star* is published once every two months. *The Spartan Star* welcomes comments about school-related issues from the 7-8 student body. Names will be withheld upon request and we reserve the right to edit articles before publication.